

# PREGNANCY SERVICES



## ONLINE PREGNANCY SESSIONS

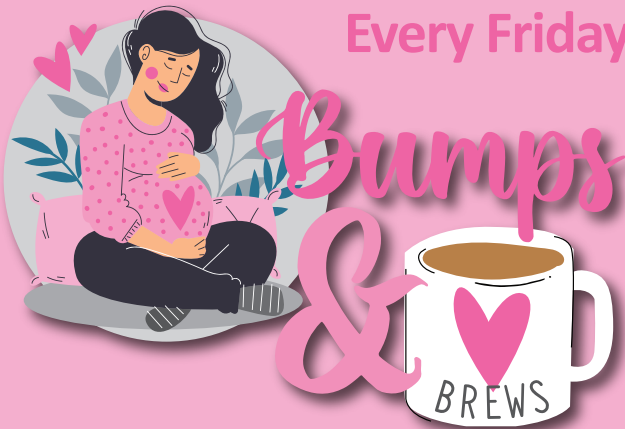
We continue to offer our programme of pregnancy sessions online, delivered by our team of experienced pregnancy peer supporters, for a small donation.\*

- **Bonding with your Bump & Baby**
- **Plan & Prepare for Parenthood**
- **Safer Sleep for Babies**
- **Breastfeeding**
- **Breastfeeding Twins**
- **Grandparents**

Various times and dates available to suit you! For further details, availability & bookings visit-

[www.breastfeedingtogether.co.uk/antenatal](http://www.breastfeedingtogether.co.uk/antenatal)

\*We request a minimum donation of £1 to ensure accessibility for all, but we do ask if you can to consider making our suggested donation of £5. This enables us as a small charity to continue our essential work with families.



## Every Friday 11.15am-12.15pm on Zoom Pregnancy Support Weekly virtual drop in group.

No matter what stage of pregnancy you are at- join us for a cup of virtual tea, support, chat and information online with one of our experienced pregnancy peer supporters.



In partnership with  
THE NATIONAL LOTTERY  
COMMUNITY FUND



## SUPPORT LINE

Our experienced peer supporters are available every day from 10am-10pm to answer your questions on:

**07742 234496**



## 1:1 PREGNANCY INFORMATION

We also offer free online personal wellbeing and information sessions during your pregnancy covering-

- **Building a relationship with your bump and baby**
- **Skin-to-skin contact**
- **Responsive feeding**
- **Different feeding methods**
- **The needs of your unborn baby**

For further details, availability & bookings visit-

[book.breastfeedingtogether.co.uk](http://book.breastfeedingtogether.co.uk)



## LIVE WEB CHAT

Got questions? Chat with a volunteer peer supporter daily between 10am-1pm & 7pm-10pm.

[www.breastfeedingtogether.co.uk](http://www.breastfeedingtogether.co.uk)



## SOCIAL

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The Queen's Award  
for Voluntary Service

## Breastfeeding Together

Wigan Investment Centre, Waterside Drive, WN3 5BA

Tel: 01942 777903 Email: [enquiries@breastfeedingtogether.co.uk](mailto:enquiries@breastfeedingtogether.co.uk)

[www.breastfeedingtogether.co.uk](http://www.breastfeedingtogether.co.uk)

Breastfeeding Together is a registered charity number: 1164333