

Our experienced infant feeding peer supporters are available every day from 10am-10pm to answer your questions on:

> 07742 234496

# LIVE WEB CHAT

Log on to our website and click the chat window to speak with a volunteer peer supporter. Available daily between 10am-1pm & 7pm-10pm.

www.breastfeedingtogether.co.uk

FACEBOOK GROUP

Join our closed Facebook community

**Breastfeeding Together-Connect & Share** to access peer support, connect with other mothers and share experiences.



## Every Friday 10am-11am on Zoom

### Breastfeeding Support Weekly virtual drop in group.

No matter where you are in your breastfeeding journey-join us for a cup of virtual tea, support, chat and information online with our experienced infant feeding peer supporters.

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for more

details:

In partnership with THE NATIONAL LOTTERY COMMUNITY FUND

# BREASTFEEDING SUPPORT

We offer free online 1:1 support sessions to help you get breastfeeding off to a good start and provide you with essential breastfeeding information including-

•Emotional and practical support **Breastfeeding positions** 

·Positioning and attachment **Breastfeeding problems** 

...and lots more!

These sessions are delivered by our team of experienced and highly trained infant feeding peer supporters. For further details, availability & bookings visit-

book.breastfeedingtogether.co.uk





# **BREASTPUMP HIRE**

Our pump hire service is available to all families living within a 10 mile radius of Wigan Borough. Full details can be found on our website at-

## www.breastfeedingtogether.co.uk/pumphire

**YOU TUBE** Visit our channel **Breastfeeding Together** to find a selection of useful breastfeeding support videos.



**Breastfeeding Together** Wigan Investment Centre, Waterside Drive, WN3 5BA Tel: 01942 777903 Email: enquiries@breastfeedingtogether.co.uk

www.breastfeedingtogether.co.uk Breastfeeding Together is a registered charity number: 1164333